



May 2020 Newsletter

Creative Minds Preschool



Teacher Appreciation Week

Teacher Appreciation Week is **May 4th to 8th** this year. Thank you in advance for all of your contributions towards showing our teachers how appreciated they are! If you want to do something specifically for your child's teacher, we have posted a list of their favorite things on our website to help with ideas.



Shadow Fun

Shadow Stretches: Take your children out to the garden on a sunny day in the morning or in the afternoon. During these times, shadows are at their longest. Ask your children to make their shadows as big as they can be by lifting their arms above their heads and stretching up to the sky. Now ask them to make their shadows as small as they can be by crouching down to the ground. Can they make their shadows hop? Can their shadows fly? Another fun activity to do is shadow drawing: place an item in the sun so it casts a shadow onto paper. Have your child trace then color their shadow.

Fun things to do with strawberries

Strawberry Sandwiches with Cream Cheese

Ingredients for each sandwich:

- 1 tablespoon cream cheese
 - 1/4 teaspoon honey
 - 1 slice whole-wheat bread, toasted
 - 2 local strawberries, sliced
- Serves 1 child.

Steps

1. Combine cream cheese and honey in a bowl.
2. Cut bread in half and spread cheese mixture on one piece.
3. Place sliced strawberries on the other piece of bread, top with the cream cheese bread.
4. Enjoy!



Birthdays

- Abby F. 5/1
- Olivia A. 5/1
- Ximena M. 5/1
- Sydney B. 5/2
- Henry L. 5/4
- Ms. Hilda 5/6
- Blake C. 5/6
- Cameron E. 5/9
- Brantley S. 5/12
- Ms. Liz 5/15
- Ms. Lindsey K. 5/20
- Shandi 5/21
- Connor R. 5/21
- Luciano P. 5/21
- Oakley B. 5/22
- Anslee H. 5/27
- Alana M. 5/28
- Garrett W. 5/28
- Isla W. 5/29



If you have any questions please contact Ms. Liz, Ms. Jamie, Ms. Hilda, Ms. Kayla or Ms. Judy. Thank you!